



Rotary
DISTRICT 3211



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Suburban Voice

Monthly Bulletin of Rotary Club of Trivandrum Suburban

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ROTARY CLUB OF TRIVANDRUM SUBURBAN



President's Message

Dear Fellow Rotarians ,Anns and Annets,

September 2025, observed as Basic Education & Literacy Month, was marked by purposeful engagement, meaningful meetings, and impactful service initiatives by our Club. I am pleased to share a concise overview of our collective efforts and accomplishments during the month.



Weekly Meetings with Inspiring Speakers

We commenced the month on 12 September with an engaging “Chai Pe Charcha”, followed by a thought-provoking session by Dr. Arun Surendran, Director, Trinity College, on “Bridging the Education Gap – How Communities Can Contribute”.

Our milestone 1800th Weekly Meeting, held on 19 September, featured Dr. Ajith Sankar, Organizational Psychologist and Corporate Trainer, who delivered an insightful talk on “Nurturing Minds at Home: The Role of Family in Learning and Wellbeing”.

The month concluded with an online meeting on 26 September, where Ms. Rekha Rajagopal from ICT Academy of Kerala spoke on “Upskilling Individuals for an Evolving World”.

1800th Meeting – A Special Evening of Recognition & Service

The 1800th meeting was a memorable occasion highlighted by:

- Beyond Rotary – A Recognition Programme honouring the achievements of Dr. NRUK Kartha, Annet Amrutha Jose, and Annet Rohan Ramesh.
- Continued support to the Oppol – District Project (Shreya) with a contribution of ₹18,000 to the Cambio Foundation.
- Distribution of a commemorative cap to all members, Anns, and Annets present.



President's Message

Extending Support to the Oppol Project

Our commitment to the Oppol Project continued through a dedicated stall at the District Project Seminar on 28 September, where products worth ₹11,800 were sold with the support of the District Project Chairman and our District Governor.

Additionally, thirteen members from our Club actively participated in the seminar and the Onam celebrations at Kundara.

Community Service on World Heart Day

In observance of World Heart Day on 29 September, we organized a medical camp and awareness session at Karamana River Bund Hall, in association with the Karamana River Protection and Bund Walkers Association, with medical support from Neyyar Medicity.

Dr. Sreejith, Cardiologist, delivered an informative session on heart health, benefiting members of the general public.

Club Administration & New Member Addition

The Third Board Meeting of RY 2025–26 was held on 16 September at TTC, Thiruvananthapuram. We are also delighted to welcome Dr. KJ Joseph, who has completed all joining formalities.

September served as a powerful reminder of our responsibility to promote education, lifelong learning, and community wellbeing. I extend my heartfelt appreciation to every member for your enthusiastic participation and unwavering commitment to service.

Let us continue to move forward with purpose and “Create Hope in the World.”

Yours in Rotary,

Rtn. Vinod Narayanan

President, Rotary Club of Trivandrum Suburban

Rotary Year 2025-26



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Secretary's Message

Dear Rotarians, Anns and Annets,

September, dedicated to Basic Education and Literacy, was truly a meaningful month for our club. Inspired by our President's vision, we came together to support learning, share knowledge, and strengthen our commitment to shaping a better future.

The educational initiatives, interactive meetings, and community-focused activities carried out during the month once again proved that Rotary's strength lies in action with purpose. What touched me most was the wholehearted participation of our members—every effort, big or small, reflected our shared belief that education is the foundation of lasting change.



Beyond projects, September also reminded us of the value of fellowship. Our meetings were filled with positive discussions, new ideas, and renewed motivation to serve with dedication. When Rotarians work together with unity and enthusiasm, service becomes impactful and joyful.

As we move forward, let us carry the spirit of September into the coming months—serving with compassion, leading with integrity, and standing together as one strong Rotary family.

Thank you all for your continued support and commitment to Service Above Self.

With Warm regards,

Rtn. Ramesh R

Secretary, Rotary Club of Trivandrum Suburban



Editor's Message

How Rotarians Act in Society—An Editor's Perspective

As a Magazine Editor observing Rotary closely, one truth stands out clearly: Rotarians do not merely speak about service—they live it. Their actions are firmly rooted in the Four-Way Test, applying truth, fairness, goodwill, and benefit to all in every walk of life, thereby setting a benchmark for ethical conduct in society.

what distinguishes a Rotarian is the belief that a profession is not just a livelihood, but a powerful instrument for service. Through ethical practices and responsible leadership, Rotarians create opportunities, uplift standards, and positively influence the communities they serve.

Across local neighborhoods and global platforms, Rotarians consistently lead impactful initiatives in health, education, peacebuilding, and environmental sustainability. These efforts—whether providing clean drinking water or fighting disease—reflect Rotary's enduring commitment to humanity.

Equally commendable is their role as mentors and leaders, shaping the next generation through Interact and Rotaract, and inspiring young minds to embrace service above self. Bound by fellowship, Rotarians bridge differences, foster unity, and build lasting relationships that transcend boundaries.

From an editor's lens, Rotarians emerge as true change-makers—transforming values into action and service into sustainable impact for the greater good of society.

Warm regards,
Rtn. Arunkumar B

Magazine Editor, Rotary Club of Trivandrum Suburban



Warmest Wishes to Our September Birthday Stars

In the spirit of fellowship and camaraderie, we extended our warmest wishes to our esteemed members who celebrated their birthdays in September 2025.

September 07 : Rtn. Dr. Abhilash Jacob

September 27 : Rtn. K G Nair

Anniversary Wishes to Our Radiant Rotary Couples

September 02 : Rtn. Purushothaman Asan S & Ann. Jayasree

September 02 : Rtn. Dr. Rajesh S Pyngayil & Ann. Sunitha

September 05 : Rtn. Biju Kumar & Ann. Lakshmi

September 05 : Rtn. Dr. Gopinathan G & Ann. Renuka

September 07 : Rtn. Sudhir & Ann. Veena

September 08 : Rtn. Baiju Ramachandran & Ann. Saritha

September 16 : Rtn. Sudevan G & Ann. Somavathy

"Warm wishes to our beloved Rotarians and their Anns on their special milestones "

Forthcoming Meetings

October 03 : First Weekly Meeting at Hotel Prasanth

October 10 : Second Weekly Meeting at Hotel Prasanth

October 18 : Third Weekly Meeting at MMNC, Mannam Hall

October 31 : Fourth- Online Meeting

October 21 : Board meeting at TTC Tower



ACTIVITY REPORT –SEPTEMBER 2025

1. Weekly Meetings.

a. First weekly meeting for the month of September 2025 was conducted on 12th September 2025 @ Hotel Prasanth. Meeting started with an informal session “Chai PeCharcha” @ 7pm. Formal meeting started at 7.30 pm. Guest Speaker: Dr. ArunSurendran, Director, Trinity College. Topic: Bridging the Education Gap- How Communities can contribute?”



b. Second weekly meeting for (1800th Meeting) the month of September 2025 was on 19th September 2025 . Meeting started at 7.30 pm. Guest Speaker: Dr.AjithSankar, Organizational Psychologist & Corporate Trainer. Topic: Nurturing Minds at Home: The role of Family in Learning and Wellbeing.



c.Third weekly meeting for the month of September 2025 was conducted on 26th September online. Guest Speaker: MsRekhaRajagopal, Assistant Manager- Corporate Relations, ICT Academy of Kerala . Topic: Upskilling Individuals for an Evolving World.



2. Board Meeting

Board Meeting (Third Board Meeting of RY-2025-26) for the month September was conducted on 16th September 2025 @ TTC, Trivandrum @ 7.30 PM.



ACTIVITY REPORT –SEPTEMBER 2025

1. Events during the 1800th Meeting.

(a) Guest Speaker: Dr. Ajith Sankar, Organizational Psychologist & Corporate Trainer.

Topic: Nurturing Minds at Home: The role of Family in Learning and Wellbeing.



(b) Beyond Rotary – A recognition Program to recognize Rotarians, Anns and Annets for their achievements.



Dr. NRUK Kartha, Annet Amrutha Jose and Annet Rohan Ramesh.

(c) Oppol- District Project Support (Shreya)- As a continuing project Club contributed INR 18,000 was contributed to Cambio Foundation.



(d) During 1800th meeting, a commemorative cap was given to all members, Anns & Annets attended the meeting.



2. Oppol- District Project (Shreya) support was further extended by providing a stall during District Project Seminar on 28th September with the help of District Project Chairman and District Governor. During the exhibition they could sell product worth INR 11,800/-.

3. District Project Seminar & Onam Celebrations

(Oppolinodoppam):

13 Members from our Club registered for District Project Seminar on 28th September Held at Kundara.



4. World Heart Day:

A medical camp was organized for general public at Karamana River Bund Hall on 29th September 2025 in association with Karamana River Protection and Bund Walkers Association supported by NeyyarMedicity. On the same day, an awareness session was also conducted. Dr. Sreejith, Cardiologist, NeyyarMedicity was the speaker.



5. New Member: One new member joined Rotary Club of Trivandrum Suburban in the month of September 2025. Dr. KJ Joseph has paid his subscription and joining fee. His induction program is pending.

PHOTO GALLERY

